

Clothing & Equipment Guide for the Submerged Forest Canoe Tour

The weather on the lake can feel much colder than on land, especially in the morning or on windy days. Please make sure to bring warm and waterproof clothing.

To help you prepare for the tour, we would like to provide guidance on clothing, which is one of the most frequently asked questions. Please review the following information in advance so you can enjoy the tour comfortably.

【1. Basic Clothing】

The temperature on the lake can feel colder than on land because there is little protection from the wind. To make your experience more comfortable, we recommend the following:

1. **Comfortable clothing and a change of clothes** : We recommend wearing long sleeves and long pants not only for warmth but also to protect your skin from branches. Your feet may get wet while paddling, so waterproof pants can make your experience more comfortable. Simple rain pants are also available at many 100-yen shops in Japan.
2. **Shoes that can get wet or dirty** : Your shoes may get wet or muddy. Sneakers or boots (rubber boots) are recommended. Please avoid high heels or leather shoes. If you wear sandals, your feet may get cold depending on the weather.
3. **Rainwear, warm layers, and gloves** : As this is an outdoor activity, the tour will operate even in rainy weather. In case of rain, please wear clothing that can get wet, such as rainwear. Gloves are recommended on colder days.
4. **Early Morning Premium Tour** : This area experiences significant temperature differences, and mornings can be particularly cold. Please make sure to bring warm clothing such as ski wear, down jackets, waterproof outerwear, thick gloves, and a hat.

【2. Recommended Items to Bring】

- Hat or gloves (for sun protection or warmth)
- A change of clothes (in case you get wet) · Sunscreen
- Insect repellent (small insects may appear as the weather becomes warmer)
- A small bag or pouch (we recommend bringing minimal belongings while paddling. A small waterproof bag is better than a large backpack.)
- Waterproof smartphone case or strap (to prevent dropping your phone while taking photos)
- Drinking water (plastic bottles are recommended. Water bottles may sink if dropped.)

【3. Other Information】

There are no coin lockers at the facility. Please keep your valuables with you at all times.

【4. Example】

Early Morning Tour



Late Snow Season – Mid-April (up to around 15°C)



After Mid-April (around 20°C or warmer)



Rainy Weather ☔

